



## **COVID-19 RISK ASSESSMENT & ACTIONS**

### **1. CLIENT ARRIVAL**

Risk – handrail	Action – wipe before arrival
Risk – door bell	Action - wipe before arrival
Risk – unclean hands	Action – client to use hand sanitiser
Risk – droplets	Action – client to arrive with face covering in place before entering the building
Risk – not well	Action – ask them to leave and seek advice from NHS. Sign on the door saying do not enter if you have COVID-19 symptoms.

### **2. DURING TREATMENT**

Risk – belongings	Action – provide a large basket to place belongings. Disinfect the blue basket after each client.
Risk – used tissues	Action – provide a plastic lined bin to be disposed of at the end of each day.
Risk – used linen	Action – provide a small plastic container and have linen to be laundered at 60 degrees at the end of each day. Used line to be stored in plastic bag away from the treatment room until laundering.
Risk – contamination	Action – wipe down massage table, bolster and face hole support and surfaces after client's departure. Paper couch roll to be replaced for each client. Cash or cheques to be placed in an envelope and left for 4 days before handling.
Risk – door handle	Action – wipe after each client's departure.
Risk – toilet	Action – clean after each client
Risk – within 2m	Action – therapist to step away from client after applying each move to stay within 2m for less than 15 minutes in total. Stay within social distancing 2m where possible, such as observation and history taking.



### **3. CLIENT DEPARTURE**

Wash my hands.

Sanitise all touch points: massage table, bolster and face support, door handles, bathroom, light switches, handrail, doorbell, belongings basket, linen container, payment details card, book case, table surface, window handles, blind adjustors, oil burner switch, blue step, massage table controls, CD player switches, clipboard and visor.

Disinfect toilet and bathroom and place fresh paper towel.

Provide fresh linen and couch paper roll for next client.

Dispose of tissue bin.

Open window and door. 30 mins between clients to allow for cleaning and air circulation.

Change my tunic.

At the end of each day, launder linen (face hole linen, my tunics and mask).

Dispose of couch roll.